**AVC 2021 CPD Reflections (template sessions)**

In line with the Optometry Board of Australia’s recent registration standard change, all Australian registered practising optometrists must now keep a CPD Portfolio.

This requires you to plan and record your learning goals, as well as record a reflection on how they affect your practice.

To make completing this simple, you can save a copy of the below templates to record your reflections for **each session** **you attended** (both live and on-demand) at AVC 2021.

**What to do with your reflections**

How you maintain a record of your CPD reflections is up to you.

You can simply keep a copy of the document on file and this will satisfy the OBA requirements for your CPD records. Alternatively, you can enter them into your online CPD Learning Plan.

**Questions to help you reflect on each of the sessions**

* What did I learn from the CPD activity?
* Did what I learned meet my learning goals?
* Has what I learned improved my competence and kept me up to date or built on my knowledge? How?
* Does what I learned suggest that I could change my practice to improve patient outcomes? How? If not, why?
* How could/should I change my practice to improve patient outcomes?
* What do I need to do to implement change in my practice?
* Do I need to do any further learning to ensure that I am competent and up to date?

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| **List of session templates** |
| CLCA/VTi Vision - Redefining what's possible for myopes and presbyopes |
| Opticare - Digital Refraction and Lens Mapping |
| Macular Disease: * CNeovacular AMD (nAMD)- current treatment options
* Innovations in AMD Management
 |
| Glaucoma PART 1:* Setting a target IOP
* In a tight corner; A review of Primary Angle Closure Glaucoma
 |
| Glaucoma PART 2: * Recent developments in treatment of Glaucoma
* Glaucoma Management - Lessons From The Coalface!
 |
| Contact Lenses PART 1:* Taming the Presbyope in Contact Lenses
* Myopia control contact lenses: cases, considerations and conversations
 |
| Contact Lenses PART 2:* Alcon - Are You Sitting Comfortably?
* Corneal Topography Capture and Interpretation
 |
| Neuro-Ophthalmology* Neuro-Ophthalmology Tips
* Update on Neuro-ophthalmology
 |
| Ocular Oncology* Anterior segment ocular oncology
* Down in Front: Tumours of the Anterior Uvea
 |
| Vitreoretinal Disease* Update in Surgical Retina
* Optos - Optos in practice
 |
| Medical Retinal Disease* Diabetic Retinopathy - Assessment and Treatment Guidelines
* Retinal Vascular Disease - A Complex Topic Made Simple
* Pigmentary Retinopathies
 |
| Ocular Therapeutics* Therapeutic management of unusual keratitis presentations
* Therapeutic management of dry eye disease
* Anterior Uveitis
* Cry Me a River: Nasolacrimal Disease & Management
* Lumenis - Optima IPL beyond MGD
 |
| Paediatrics* Practical prescribing of ocular medicines in children
* Amblyopia
 |
| Lacrimal Lavage: Indication, Practicalities & Interpretation |
| Tips for Successful Collaborative Care in Glaucoma |
| Orthokeratology basics |
| Scleral Indentation in Optometry |
| Scleral Lenses: Under the Dome |
| Vision Therapy in Everyday Optometric Practice |
| Assessing the pre-literate child |
| Next Generation Ocular Animation - The Simulated Eye |
| Gonio Interpretation |
| Working up a paediatric myope |
| Paediatric case studies |
| Assessing Strabismus |
| medmont meridia Advanced Topographer: Redefining Clinical Practice |
| Good Optical Services & AFT Pharmaceuticals - Creating a Dry Eye Spa, what you need to know & the products available to support it |
| CooperVision - Soft Contact Lenses for Myopia Management: Overcoming parental concerns |

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| **Session** | CLCA/VTi Vision - Redefining what's possible for myopes and presbyopes |
| **Date** | 27/3/2021 |
| **Speaker name and qualification** | Dr Emma L Gillies*PhD BSc (Hons) MCOptom* |
| **Session learning objectives** | To understand the unique design of the NaturalVue EDOF contact lens. To understand the application of the NVMF EDOF lens in both presbyopia and myopa management. |
| **Session summary** | This session will review the unique optical design of the NaturalVue EDOF lens, giving delegates an appreciation of how the design differs to traditional multifocal lenses and other EDOF designs. Long term clinical data from myopic children will be presented along with clinical lens performance in presbyopic patients and how to successfully manage patients visual expectations for a successful wearing experience. |
| **Duration** | 1 hour |
| **Therapeutic**  | No |
| **Interactive** | No |
| **Clinical or non-clinical** | Clinical |
| **Did you attend live or on-demand?** |  |
| **Write your learning goal:** |
| **Write your reflections:** |

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| **Session** | Opticare - Digital Refraction and Lens Mapping |
| **Date** | 28/3/2021 |
| **Speaker name and qualification** | George Nasser *BSc (Optom), BSc (Architecture)* |
| **Session learning objectives** | Enable Optometrist to use Digital Technologies . |
| **Session summary** | This session will introduce Digital Refraction - Wavefront Terminology, show examples of wavefronts in measuring optical aberrations, with special attention to higher-order aberrations, explaining Photopic and Scotopic corrections and give examples, and Digital Lens Mapping - use digital technologies to analyze and solve our patients visual needs empirically. |
| **Duration** | 1 hour |
| **Therapeutic**  | No |
| **Interactive** | No |
| **Clinical or non-clinical** | Clinical |
| **Did you attend live or on-demand?** |  |
| **Questions to help you reflect on the session** | * What did I learn from the CPD activity?
* Did what I learned meet my learning goals?
* Has what I learned improved my competence and kept me up to date or built on my knowledge? How?
* Does what I learned suggest that I could change my practice to improve patient outcomes? How? If not, why?
* How could/should I change my practice to improve patient outcomes?
* What do I need to do to implement change in my practice?
* Do I need to do any further learning to ensure that I am competent and up to date?
 |
| **Write your learning goal:** |
| **Write your reflections:** |

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| **Session** | Macular Disease: * CNeovacular AMD (nAMD)- current treatment options
* Innovations in AMD Management
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| **Date** | 27/3/2021 |
| **Speaker name and qualification** | Dr. Richa Sharma *MBBS, MS, FRANZCO* Dr. Gurmit Uppal *MBBS BSc MD(UK) FRCOphth (UK) FRANZCO* |
| **Session learning objectives** | Understanding current treatment options in nAMD. Awareness of Current AMD Research and management options for AMD. |
| **Session summary** | This session will provide a brief overview of nAMD, classification, diagnostic modalities and detailed discussion about current and future treatment options. The session will also cover the novel research directions for age related macular degeneration including cell based treatments, new molecules, drug delivery devices and gene therapy. There will be an update on AMD trials as well as currently available treatments. |
| **Duration** | 1 hour |
| **Therapeutic**  | Yes |
| **Interactive** | No |
| **Clinical or non-clinical** | Clinical |
| **Did you attend live or on demand?** |  |
| **Write your learning goal:** |
| **Write your reflections:** |

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| **Session** | Glaucoma PART 1:* Setting a target IOP
* In a tight corner; A review of Primary Angle Closure Glaucoma
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| **Date** | 27/3/2021 |
| **Speaker name and qualification** | Dr. Joshua Hann *BSc (Adel), MBBS (Syd), FRANZCO* Dr. Guy D'Mellow *MB, BS (HONS), FRANZCO, FRACS* |
| **Session learning objectives** | Safely setting and adjusting a target IOP. To understand the practical classification of primary angle closure disease and new concepts in its management. |
| **Session summary** | A target IOP in the setting of ocular hypertension and glaucoma is very important. This session will cover some of the theory behind IOP levels in regular and normal tension glaucoma, and how that varies the target IOP, in contrast to ocular hypertension. The testing used to gather the relevant data as well as mindfulness of non-glaucomatous optic neuropathy will be discussed, as well as an approach to the therapeutic options in achieving the target IOP and being flexible in adjusting the target as needed. This presentation will also review the current understanding of PACG and new considerations in its management - whilst PACG is less common than POAG it is still responsible for around 30% of all cases of glaucoma globally and causes a higher proportion of blindness. |
| **Duration** | 1 hour  |
| **Therapeutic**  | Yes |
| **Interactive** | No |
| **Clinical or non-clinical** | Clinical |
| **Did you attend live or watch on-demand?** |  |
| **Write your learning goal:** |
| **Write your reflections:** |

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| **Session** | Glaucoma PART 2: * Recent developments in treatment of Glaucoma
* Glaucoma Management - Lessons From The Coalface!
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| **Date** | 27/3/2021 |
| **Speaker name and qualification** | Dr. Frank Howes *MBChB MMed FCS FRCS FRCOphth FRANZCO* Dr. Nick Andrew *MBBS FRANZCO* |
| **Session learning objectives** | Understanding the blend of treatments currently readily available. To re-assess some common controversies and misconceptions in glaucoma management. |
| **Session summary** | Many surgical treatments have become available over the last 5 years, some have stood the test of time, some less so. As the outcomes of the treatments become better known with time, the management blends of medicine and surgery crystallize against the backdrop of the risk of visual loss from glaucoma, the orbital and ocular surface side effects from drugs, the risk of complication from surgery and the likely degree of benefit from the surgical intervention. This session will also review common glaucoma presentations that eyecare providers see every week, such as ocular hypertension, normal tension glaucoma, and glaucoma suspects. The focus will be on discussing nuances of management that are often overlooked. |
| **Duration** | 1 hour |
| **Therapeutic**  | Yes |
| **Interactive** | No |
| **Clinical or non-clinical** | Clinical |
| **Did you attend live or watch on-demand?** |  |
| **Write your learning goal:** |
| **Write your reflections:** |

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| **Session** | Contact Lenses PART 1:* Taming the Presbyope in Contact Lenses
* Myopia control contact lenses: cases, considerations and conversations
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| **Date** | 27/3/2021 |
| **Speaker name and qualification** | Mark Hinds B*ScApp(Optom), GradCertOcTher,* *BScApp(HMS), P/G BScHons, FBCLA (Manchester)* Kylie McNeill *BAppSc(Optom)(Hons) GradCertOcTher FBCLA CASA-CO* |
| **Session learning objectives** | Strategies to optimise success with contact lenses for the presbyopic market. Review available contact lenses for myopia control and their evidence base, and learn how to implement prescribing them in practice. |
| **Session summary** | This session will provide insights into the presbyopic journey. Attempting to deal with presbyopes and some of their many issues with the aim of getting a plan of attack to optimise success with contact lenses. Perhaps those of us not presbyopic yet will gain some insight into what we all will go through unless we are hopefully saved by pharmaceutical development and intervention? They have been psychologically scarred by growing up with fluro leg warmers, no internet, the cassette Walkman and Wham! This patient is spending their money on botox, fillers, tans, lashes, fast cars, and carbon bicycles to hold onto their youth. Perhaps we are missing out on this practice building opportunity by not answering their vision needs? Sit back and enjoy the journey through this light-hearted discussion leading into possibly more scientific presentations during the day. This session will also focus on contact lens prescribing for myopia control, providing updates and an overview of available lens designs as well as practical tips to aid in the conversation between parent, patient and practitioner. Case-based prescribing considerations and the practicalities of implementing this form of myopia control into modern optometry practice will also be discussed. |
| **Duration** | 1 hour |
| **Therapeutic**  | No |
| **Interactive** | No |
| **Clinical or non-clinical** | Clinical |
| **Did you attend live or watch on –demand?** |  |
| **Write your learning goal:** |
| **Write your reflections:** |

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| **Session** | Contact Lenses PART 2:* Alcon - Are You Sitting Comfortably?
* Corneal Topography Capture and Interpretation
 |
| **Date** | 27/3/2021 |
| **Speaker name and qualification** | Helen GleaveCelia Bloxsom *B App Sci (Optom) Hons, Grad Cert Oc Therap, FIAOMC* |
| **Session learning objectives** | Understand how dry eye affects the mucin layer and glycocalyx. Discuss the latest developments in topographers and how to get the best results in practice. |
| **Session summary** | Everyday activities are impacted by dry, uncomfortable eyes. This presentation will discuss the impact of an unstable tear film on the mucin layer and glycocalyx. Insights gained from dry eye sufferers will be presented and how innovation in lubricant eye drops enhances relief and compliance. Additionally, topography capture has a dramatic effect upon the success of specialty contact lens fitting, especially when designing lenses in new software programmes for scleral and orthokeratology lenses. This presentation focusses on the differences between topographers and how to optomise success by enhancing the capture of images on these devices. This practical session will also show case reports of what happens when lenses are designed with inaccurate topography and the difference that optimised captures can make. |
| **Duration** | 1 hour  |
| **Therapeutic**  | No |
| **Interactive** | No |
| **Clinical or non-clinical** | Clinical |
| **Did you attend live or watch on-demand?** |  |
| **Write your learning goal:** |
| **Write your reflections:** |
| **Session** |  Ocular Oncology* Anterior segment ocular oncology
* Down in Front: Tumours of the Anterior Uvea
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| **Date** | 27/3/2021 |
| **Speaker name and qualification** | Dr. Sunil Warrier *MBBS M.Med FRANZCO* Dr. Lindsay McGrath *BAppSci(Optom)(Hons) MBBS MPhil FRANZCO* |
| **Session learning objectives** | Ascertain which anterior lesions are safe to observe and common management techniques. To review iris tumours and their natural history. |
| **Session summary** | Demonstrate common and uncommon anterior segment tumours. Dlineate which are safe to watch. Understand management options and referral pathways. This session will give a broad overview of benign and malignant lesions of the iris. Some clinical pearls will be provided to help Optometrists differentiate between these lesions, and also provide shared follow up care and monitoring. |
| **Duration** | 1 hour |
| **Therapeutic**  | yes |
| **Interactive** | No |
| **Clinical or non-clinical** | Clinical |
| **Did you attend live or watch on demand?** |  |
| **Write your learning goal:** |
| **Write your reflections:** |

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| **Session** | Neuro-Ophthalmology* Neuro-Ophthalmology Tips
* Update on Neuro-ophthalmology
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| **Date** | 28/3/2021 |
| **Speaker name and qualification** | Dr. Anthony Pane *MBBS UQ (Hons), MMedSc, FRANZCO, PhD*Dr. Mark Paine *MBBS, FRACP* |
| **Session learning objectives** | Identify and safely manage common neuro-ophthalmology complaints. Recognition of important neurological conditions that may present with visual symptoms. |
| **Session summary** | Common neuro presentations to optometrists will be discussed, and practical assessment tips are provided. Includes double vision, unexplained poor vision, pupils, lids, disc swelling. Sometimes patients can present with realitvely minor visual complaints which can be a harbinger of potentially serious disabling, sign threatening, even life threatening conditions. Knowledge of the prinicples of a comprehensive neuro-ophthalmic / neuro-optometric assessment is vital in the assessment of patients with such visual symptoms. In this session, examples of case presentations will be provided to illustrate the importance of thorough neuro-ophthalmic / neuro-optometric assessment. |
| **Duration** | 1 hour |
| **Therapeutic**  | No |
| **Interactive** | No |
| **Clinical or non-clinical** | Clinical |
| **Did you attend live or watch on demand?** |  |
| **Write your learning goal:** |
| **Write your reflections:** |

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| **Session** | Vitreoretinal Disease* Update in Surgical Retina
* Optos - Optos in practice
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| **Date** | 28/3/2021 |
| **Speaker name and qualification** | Dr. Abhishek Sharma *MBBS DPhil FRANZCO*Kate Merrin *MOptom* John Merrin *DipAppSc (Optom)* |
| **Session learning objectives** | Current thoughts and upcoming advances in management of surgical retinal conditions. Optos benefits. |
| **Session summary** | Update in management of retinal detachment and future directions. Review of further options for treatment of non-healing macular holes. Research in surgical options for wet macular degeneration. Current and new options for dislocated or unstable intraocular lenses. This session will also include a discussion about the use and benefits of having an Optos in practice and case presentations. |
| **Duration** | 1 hour |
| **Therapeutic**  | No |
| **Interactive** | No |
| **Clinical or non-clinical** | Clinical |
| **Did you attend live or watch on demand?** |  |
| **Write your learning goal:** |
| **Write your reflections:** |

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| **Session** | Medical Retinal Disease* Diabetic Retinopathy - Assessment and Treatment Guidelines
* Retinal Vascular Disease - A Complex Topic Made Simple
* Pigmentary Retinopathies
 |
| **Date** | 28/3/2021 |
| **Speaker name and qualification** | Dr. Albert Aralar *MBBS, FRANZCO* Dr. David Hilford MBBS *(Hons 1st Cl), FRANZCO, BEd, DipT* Dr. Michael Hogden *MBBS (Hons) BSC FRANZCO* |
| **Session learning objectives** | To gain insights in the assessment and treatment of diabetic retinopathy. Participants will better understand the clinical presentation, investigation, diagnosis and management of Retinal Vascular Disease. To be able to formulate a differential diagnosis for pigmentary retinopathy |
| **Session summary** | This session will review diabetic retinopathy and when to refer. We will also cover treatment options and pitfalls to avoid. Retinal Vascular Disease has many different aetiologies, both ocular and systemic. An interactive, case-based presentation will also provide a framework within which participants can better understand the clinical presentation, investigation, diagnosis and management of the many and varied retinal vascular diseases. Participants will also be informed of any potentially life-threatening systemic conditions which may be associated with Retinal Vascular Disease. The audience will also be introduced to various causes of pigmentary retinopathy. Particular attention will be given to discussing the important diagnostic differences between the respective conditions and their varying management approaches. Specific case studies will be discussed to illustrate the practicalities of dealing with clinic patients suffering from these conditions. |
| **Duration** | 1.5 hours |
| **Therapeutic**  | Yes |
| **Interactive** | No |
| **Clinical or non-clinical** | Clinical |
| **Write your learning goal:** |
| **Write your reflections:** |

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| **Session** | Ocular Therapeutics* Therapeutic management of unusual keratitis presentations
* Therapeutic management of dry eye disease
* Anterior Uveitis
* Cry Me a River: Nasolacrimal Disease & Management
* Lumenis - Optima IPL beyond MGD
 |
| **Date** | 28/3/2021 |
| **Speaker name and qualification** | A/Prof. Colin Chan *MBBS (Hons) FRANZCO* Dr. David Gunn *MBBS (Hons I) BSc CertLRS FRANZCO* Dr. Lindsay McGrath *BAppSci(Optom)(Hons) MBBS MPhil FRANZCO* Jason Holland *B.App.Sci.(Hons)(Optom), PGCOT, CASA CO* |
| **Session learning objectives** | To better understand how to diagnose and manage unusual keratitis. To better understand dry eye management strategies. Improve diagnostic and treatment concepts in anterior uveitis. To review the aetiology of nasolacrimal disease and its management.How IPL can be used for other inflammatory conditions outside of MGD. |
| **Session summary** | This session will cover differential diagnoses of keratitis, diagnostic tips, methods of categorization, and management using therapeutics will also be covered. This session will also cover dry eye diagnostic and treatment strategies using case studies. Important concepts in dry eye management will be covered as well. Delegates will also be introduced to clinical presentation of anterior uveitis including important differential diagnoses not to miss and red flags. Ancillary testing and investigations as well as therapeutic options and management of complications will be covered. Additionally, an overview of the causes for watery eyes, focussing on the nasolacrimal apparatus will be provided, including a discussion of clinical signs, investigative techniques and management options. The session will conclude with information on expanding the use of IPL, which has been utilised to treat MGD/Dry Eye disease, in practice outside of DED, and how the IPL’s mechanism of action is a useful tool in treating underlying causes of chalazia. As IPL is indicated for benign inflammatory skin lesions. It is quite logical within that indication to treat inflammatory lesions on the skin of the eyelid with IPL technology and with appropriate ocular protection in place. |
| **Duration** | 2.5 hours |
| **Therapeutic**  | Yes |
| **Interactive** | No |
| **Clinical or non-clinical** | Clinical |
| **Did you attend live or watch on-demand?** |  |
| **Write your learning goal:** |
| **Write your reflections:** |

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| **Session** | Paediatrics* Practical prescribing of ocular medicines in children
* Amblyopia
 |
| **Date** | 28/3/2021 |
| **Speaker name and qualification** | A/Prof. Ann Webber *PhD MS BAppSc(Optom)(Hons)* *FAAO, Diplomate BVPPO Section* Dr. Jayne Camuglia *BSc MBBS FRANZCO* |
| **Session learning objectives** | To review the use and prescribing of ocular medicines in the paediatric patient. Recognise the possible causes of amblyopia, intitiate treatment options and when to refer on. |
| **Session summary** | Optometrists in Australia employ ophthalmic medicines in their paediatric practice to assist clinical diagnosis and to treat ocular conditions. Prior to employing ocular medicines or initiating treatment it is important to consider the risks versus benefits of ophthalmic medicines and determine the minimum dose required to safely achieve a diagnostic or therapeutic benefit. This session will present, summarise and comment on the use of ophthalmic diagnostic and therapeutic agents in children and reference where practitioners can look for more detailed information. The perspective is set in the Australian context of a collaborative approach between paediatric optometry and ophthalmology eye care practitioners for delivery of best practice care in infants and young children. Normal visual development, the pathogenesis and causes of amblyopia and treatment options including patch occlusion therapy and Atropine penalisation will also be discussed. |
| **Duration** | 1 hour |
| **Therapeutic**  | Yes |
| **Interactive** | No |
| **Clinical or non-clinical** | Clinical |
| **Did you attend live or watch on-demand?** |  |
| **Write your learning goal:** |
| **Write your reflections:** |

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| **Session** | Lacrimal Lavage: Indication, Practicalities & Interpretation |
| **Date** | 27/3/2021 |
| **Speaker name and qualification** | Dr. Andrew Carkeet *BA, BAppSc (Optom) MS, PhD, Grad Cert Oc Ther, FAAO* |
| **Session learning objectives** | To instruct and demonstrate lacrimal lavage and its applications. |
| **Session summary** | We will discuss and demonstrate why and how to perform lacrimal lavage with and without a without a slitlamp. Onsite participants will be given an opportunity to practice the skill on each other. We will discuss and demonstrate why and how to perform lacrimal lavage with and without a without a slitlamp. Onsite participants will be given an opportunity to practice the skill on each other. |
| **Duration** | 1 hour |
| **Therapeutic**  | Live yes, On-demand no |
| **Interactive** | No |
| **Clinical or non-clinical** | Clinical |
| **Did you attend live or watch on-demand?** |  |
| **Write your learning goal:** |
| **Write your reflections:** |

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| **Session** | Tips for Successful Collaborative Care in Glaucoma |
| **Date** | 27/3/2021 |
| **Speaker name and qualification** | Dr. Nick Toalster *FRANZCO, MBBS(Hons), BAppSc(Optoms)(Hons)* Inez Hsing *BAppSc(Optoms)(Hons), GradCertOcTher* |
| **Session learning objectives** | To better understand the clinical and communicative foundations of collaborative care in glaucoma. |
| **Session summary** | It is estimated that approximately 300,000 Australians have glaucoma, and 50% have been diagnosed. With the rapid growth and aging nature of the Australian population, the incidence of glaucoma is expected to increase. Collaborative care between optometrists and ophthalmologists provides the opportunity to detect disease in a timely manner, ensure appropriate monitoring and review systems are in place and, above all else, prioritise patient-focussed care and treatment. This session will focus on some of the key clinical and communicative foundations of successful collaborative care in glaucoma. |
| **Duration** | 1 hour |
| **Therapeutic**  | Yes |
| **Interactive** | Live yes, On-demand no |
| **Clinical or non-clinical** | Clinical |
| **Did you attend live or watch on-demand?** |  |
| **Write your learning goal:** |
| **Write your reflections:** |

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| **Session** | Orthokeratology basics |
| **Date** | 27/3/2021 |
| **Speaker name and qualification** | Celia Bloxsom *B App Sci (Optom) Hons, Grad Cert Oc Therap, FIAOMC* |
| **Session learning objectives** | Refresh your knowledge of orthokeratology lens design and achieve optimal results in practice. |
| **Session summary** | After making the decision to incoporate orthokeratology in practice, this workshop will cover the next steps to ensure success. Topics discussed will include the similarities & differences between orthokeratology lens designs and the current theories of how to alter lens design for better myopia control. In addition it will include both patient selection and topography, and how both will influence success. The workshop will also discuss practical suggestions of how to incorporate orthokeratology appointments into a busy practice schedule, as well as tips for lens handling, varying effects with solutions and troubleshooting. |
| **Duration** | 1 hour |
| **Therapeutic**  | No |
| **Interactive** | Live yes, On-demand no |
| **Clinical or non-clinical** | Clinical |
| **Did you attend live or watch on-demand?** |  |
| **Write your learning goal:** |
| **Write your reflections:** |

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| **Session** | Scleral Indentation in Optometry |
| **Date** | 27/3/2021 |
| **Speaker name and qualification** | Dr. Sean Cheng *MBBS (UQ), BE (Hon 1 UQ), MMed (Usyd), FRANZCO, Vitreoretinal fellowship (Bristol Eye Hospital UK)* |
| **Session learning objectives** | To understand the indications for scleral indications and acheive an indented view of the peripheral fundus. |
| **Session summary** | This is a hands on workshop in which participants will participate in an exploration of scleral indentation in the clinical optometry setting, including the use of diagnostic scheduled medicines to perform the technique. Clinical pearls in efficiently performing the procedure will be discussed and each participant will be guided in obtaining an indented view of the fundus. |
| **Duration** | 1 hour  |
| **Therapeutic**  | Yes |
| **Interactive** | Live yes, on-demand no |
| **Clinical or non-clinical** | Clinical |
| **Did you attend live or watch on-demand?** |  |
| **Write your learning goal:** |
| **Write your reflections:** |

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| **Session** | Scleral Lenses: Under the Dome |
| **Date** | 27/3/2021 |
| **Speaker name and qualification** | Simon Lan *BVisSc, MOptom* |
| **Session learning objectives** | To understand the principles of scleral lens fitting in optometry practice. |
| **Session summary** | This is a hands on workshop in which participants will participate in an exploration of scleral indentation in the clinical optometry setting, including the fitting of irregular corneas and management of ocular surface disease. Clinical pearls in efficiently performing the procedure will be discussed and each participant will be guided in obtaining an indented view of the fundus. |
| **Duration** | 1 hour |
| **Therapeutic**  | Yes |
| **Interactive** | Yes live, on-demand no |
| **Clinical or non-clinical** | Clinical |
| **Did you attend live or watch on-demand?** |  |
| **Write your learning goal:** |
| **Write your reflections:** |

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| **Session** | Vision Therapy in Everyday Optometric Practice |
| **Date** | 27/3/3021 |
| **Speaker name and qualification** | Adrian Bell *B.Sc. B.App.Sc. (Optom), FCOVD, FACBO, Grad Cert Oc Ther* |
| **Session learning objectives** | To enable practitioners in all practice environments to provide appropriate vision therapy. |
| **Session summary** | Participants will work through common patient binocular vision issues that respond to vision therapy. Procedures will be discussed and demonstrated that can be employed in any consulting room. Those practitioners attending in person will be able to practice the vision therapy procedures. On line attendees will be shown how to utilize existing consulting room equipment. |
| **Duration** | 1 hour |
| **Therapeutic**  | No |
| **Interactive** | Yes live, on-demand no |
| **Clinical or non-clinical** | Clinical |
| **Did you attend live or watch on-demand?** |  |
| **Write your learning goal:** |
| **Write your reflections:** |

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| **Session** | Assessing the pre-literate child |
| **Date** | 27/3/2021 |
| **Speaker name and qualification** | Elspeth Wrigley *BVisSc, MOptom, Ophthalmic Medicines Prescriber Professional Certificate of Paediatric Eye Care* |
| **Session learning objectives** | Provide the clinical knowledge and confidence to test young children. |
| **Session summary** | Provide a comprehensive list of tests that can be done for any given age level even with minimal patient feedback. Provide practitioners with age expected normal results that they can use to aid case management and decision making. Minimise the fear of testing and managing this unique cohort. Address the common clinical problems in this age demographic and how to appropriately manage or refer. |
| **Duration** | 1 hour |
| **Therapeutic**  | No |
| **Interactive** | Yes live, on-demand no |
| **Clinical or non-clinical** | Clinical |
| **Did you attend live or watch on-demand?** |  |
| **Write your learning goal:** |
| **Write your reflections:** |

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| **Session** | Next Generation Ocular Animation - The Simulated Eye |
| **Date** | 27/3/2021 |
| **Speaker name and qualification** | Dr. Gurmit Uppal *MBBS BSc MD(UK) FRCOphth (UK) FRANZCO* |
| **Session learning objectives** | To give an overview of current ocular animation. Unique review of ocular anatomy. |
| **Session summary** | In a world of high end video games and animation, the talk showcases the development of the world first fully interactive, photo-real, anatomically correct animated eye. The model can be applied to a number of areas including clinical and patient education, including demonstration of product/therapeutic/medicine mechanisms of action and surgical simulation. |
| **Duration** | 1 hour |
| **Therapeutic**  | No |
| **Interactive** | Yes live, on-demand no |
| **Clinical or non-clinical** | Clinical |
| **Did you attend live or watch on-demand?** |  |
| **Write your learning goal:** |
| **Write your reflections:** |

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| **Session** | Gonio Interpretation |
| **Date** | 27/3/2021 |
| **Speaker name and qualification** | Dr. Judy Ku *MBChB, FRANZCO* |
| **Session learning objectives** | To provide an overview of gonioscopy interpretation and therapeutic management for Primary Angle Closure Glaucoma. |
| **Session summary** | Participants will be given an overview of gonioscopy interpretations along with its clinical implications. The current diagnostic criteria and clinical management pathways for Primary Angle Closure Spectrum will be discussed. This includes tips on therapeutic management of Primary Angle Closure Glaucoma patients. |
| **Duration** | 1 hour |
| **Therapeutic**  | Yes |
| **Interactive** | Yes live, on-demand no |
| **Clinical or non-clinical** | Clinical |
| **Did you attend live or watch on-demand?** |  |
| **Write your learning goal:** |
| **Write your reflections:** |

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| **Session** | Working up a paediatric myope |
| **Date** | 27/3/2021 |
| **Speaker name and qualification** | Rebecca Cox *B Sc / B Optom (Hons)* |
| **Session learning objectives** | Learn the comprehensive workup required to make appropriate myopia management decisions. |
| **Session summary** | This session will cover what tests should be included in the initial work up myopic children and why. You will leave with a thorough understanding of what information is required to make informed decisions regarding the wide range of myopia control options that are currently available to improve your confidence in making myopia control recommendations. |
| **Duration** | 1 hour |
| **Therapeutic**  | No |
| **Interactive** | Yes live, on-demand no |
| **Clinical or non-clinical** | Clinical |
| **Did you attend live or watch on-demand?** |  |
| **Write your learning goal:** |
| **Write your reflections:** |

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| **Session** | Paediatric case studies |
| **Date** | 27/3/2021 |
| **Speaker name and qualification** | Dr. Heather Russell *MBChB(Hons) ,BSc(Hons), FRCOphth, FRANZCO* |
| **Session learning objectives** | Improve confidence in dealing with paediatric eye conditions. |
| **Session summary** | Using cases as examples, the workshop will provide guidance on how to manage paediatric eye conditions such as appropriate spectacle prescribing in the presence of strabismus, treatment of amblyopia, surgical management of nystagmus, myopia control with atropine (what concentration to use), and on the management of blepharo and vernal keratoconjunctivities (BKC and VKC). The session will be informal to encourage questions and discussion. |
| **Duration** | 1 hour |
| **Therapeutic**  | Yes |
| **Interactive** | Yes live, on-demand no |
| **Clinical or non-clinical** | Clinical |
| **Did you attend live or watch on-demand?** |  |
| **Write your learning goal:** |
| **Write your reflections:** |

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| **Session** | Assessing Strabismus |
| **Date** | 27/3/2021 |
| **Speaker name and qualification** | Dr. Jaclyn White *BAppSc(MedSc) MBBS FRANZCO* |
| **Session learning objectives** | To comfortably identify and assess strabismus and to recognise red flag signs necessitating urgent referral. |
| **Session summary** | Workshop focusing on the identification, full assessment and conservative treatment of strabismus, including manifest vs latent strabismus, esotropia, exotropia, vertical deviations. Red flag signs requiring urgent referral, will also be covered. |
| **Duration** | 1 hour |
| **Therapeutic**  | No |
| **Interactive** | Yes live, on-demand no |
| **Clinical or non-clinical** | Clinical |
| **Did you attend live or watch on-demand?** |  |
| **Write your learning goal:** |
| **Write your reflections:** |

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| **Session** | medmont meridia Advanced Topographer: Redefining Clinical Practice |
| **Date** | 27/3/2021 |
| **Speaker name and qualification** | Celia Bloxsom *B App Sci (Optom) Hons, Grad Cert Oc Therap, FIAOMC* |
| **Session learning objectives** | Clinical benefit of diagnostic equipment in your practice. |
| **Session summary** | In the session we will deliver content around the diverse uses of the medmont meridia™ Advanced Topographer in the clinic. It will include why topographers in the clinic are an essential diagnostic tool for diseased & irregular corneas, contact lens fitting, tearfilm analysis and DED. |
| **Duration** | 1 hour |
| **Therapeutic**  | No |
| **Interactive** | Yes live, on-demand no |
| **Clinical or non-clinical** | Clinical |
| **Did you attend live or watch on-demand?** |  |
| **Write your learning goal:** |
| **Write your reflections:** |

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| **Session** | Good Optical Services & AFT Pharmaceuticals - Creating a Dry Eye Spa, what you need to know & the products available to support it |
| **Date** | 27/3/2021 |
| **Speaker name and qualification** | Jason Holland *B.App.Sci.(Hons)(Optom), PGCOT, CASA CO* |
| **Session learning objectives** | To become familiar with in house therapeutic management of the eyelids. |
| **Session summary** | This workshop will focus on the techniques and products required to successfully manage Anterior Blepharitis and Meibomian Gland Dysfunction in house and the subsequent aftercare by patients at home. |
| **Duration** | 1 hour |
| **Therapeutic**  | Yes |
| **Interactive** | Yes live, on-demand no |
| **Clinical or non-clinical** | Clinical |
| **Did you attend live or watch on-demand?** |  |
| **Write your learning goal:** |
| **Write your reflections:** |

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| **Session** | CooperVision - Soft Contact Lenses for Myopia Management: Overcoming parental concerns |
| **Date** | 27/3/2021 |
| **Speaker name and qualification** | Joe Tanner Julia Kwok *BOptom (Hons) GradCertOcTher* Loretta Li |
| **Session learning objectives** | To be able to use a discussion structure to effectively manage parents' concerns about soft contact lenses for myopia management. |
| **Session summary** | This workshop is facilitated by CooperVision's Professional Services team and will consider the most common concerns that parents raise when soft contact lenses are proposed for slowing myopia progression in children. During the workshop, optometrists will collaborate to discuss the best ways of responding to these concerns. A discussion structure will be introduced to assist in providing responses that reassure the parent and enable a contact lens trial to take place. |
| **Duration** | 1 hour |
| **Therapeutic**  | Yes |
| **Interactive** | Yes live, on-demand no |
| **Clinical or non-clinical** | Clinical |
| **Did you attend live or watch on-demand?** |  |
| **Write your learning goal:** |
| **Write your reflections:** |